



Client Informed Consent and Waiver

COVID-19 Pre-screening and Waiver of Consent

To be completed prior to your first training session after re-opening.

Personal Training and Small Group Clients must read and sign the following agreement prior to coming back to training.

Clients will:

- Wear training attire to the facility, and bring their own hand towel.
- High risk clients are not permitted as part of Phase 2 re-opening. High risk clients include people over the age of 65, people with serious underlying medical conditions like chronic lung disease, moderate to severe asthma and people who are immunocompromised.
- Bring your own water bottle and towel.
- Conduct a temperature screening and/or questionnaire of clients at the facility entrance.
- Follow social distancing guidelines.
- All clients will wash their hands or use facility provided hand sanitizer upon entrance to the facility and prior to entering the training floor
- For a full list of Washington State Phase 2 Guidelines for fitness facilities, [click here](#).

Please note that STAFF are required to wear masks if we are unable to maintain 6 ft of social distancing (i.e. spotting a lift like the bench press)

Name: _____

Date: _____